

# HIGH DESERT WILD BIRD FEEDING GUIDE

Welcome to the exciting world of feeding wild birds: one of the fastest growing hobbies!

Why do people feed wild birds?

- \*Considered an act of kindness
- \*This kindness provides us with relaxation and entertainment
- \*The basic reason is that birds are beautiful and fun to watch
- \*Exposure to wildlife contributes to a positive living environment

Tips for successful bird feeding:

- |                            |                    |
|----------------------------|--------------------|
| Keep a clean establishment | Provide protection |
| Be consistent              | Provide variety    |
| Provide water              | Be patient         |

## FEEDING SUET

If you have never fed suet, you have missed some great neighbors. We offer many different varieties of suet. Suet is one of the top three foods to feed wild birds. Birds have high metabolic rates. It is not unusual for birds to consume 1/4 to 3/4 their body weight worth of food a day. Offering suet, mixed with grains, nuts, fruits, and flavored pellets provides a high caloric energy source. Suet is one of the first foods birds will offer their young. Feeding suet in the winter months is extremely important.

**Wild Bird Mix, 80-20 Wild Bird Mix, and Premium Wild Bird Mix** will attract a large variety of birds. **Millet** will attract Dark-Eyed Junco, Mourning Dove and Red Winged Blackbird. **Nyjer** will attract American Goldfinch, Chickadee, House Finch, Mourning Dove, Sparrow and Nuthatch. **Milo** will attract Quail and Doves. **Sunflower Chips** will Attract Chickadee, House Finch and Sparrow. **Black Oil Sunflower** will attract American Gold Finch, Blue Jay, Evening Grosbeak, Woodpecker, House Finch, Mourning Dove, Sparrow and Red Winged Blackbird. **Safflower** will attract Chickadee, House Finch, Mourning Dove, Nuthatch and Red Winged Blackbird. **Cracked Corn** will attract Dark-Eyed Junco, Quail, Evening Grosbeak, Scrub Jay, Red Winged Blackbird and Blue Jay. **Peanut Pieces** will attract Woodpecker, Scrub Jay, Sparrow, Nuthatch and Blue Jay.